



Allamanda News

The Newsletter of the Wellington Garden Club March 2021

Dear Members,

**Spring is just around
the corner!**

**We have been able to
spend time outdoors,
in our own yards, to en-
joy the splendor around
us. I hope all of you are
able to get outside, even
if it is just to go for a
walk, sit on your patio,
or garden.**

**Stay safe, healthy and
enjoy!—Jan**

This lovely photo is from Jan Warshauer's garden!

We need YOU to make our Plant Sale a success!

Wellington Garden Club Plant Sale will take place on March 13th. In the past this event has been one of our most successful fund raisers, but we need a host of volunteers to make it a success this year. We also need members to donate plants from their gardens as well as buyers to purchase them. So if you need new plantings for your garden or patio, this is the perfect opportunity to share plants from your own garden and grab some new ones to take home.— Carol Ralph and Stormi Bivin, Plant Sale Co-Chairs

Wellington Garden Club Plant Sale

Saturday, March 13, 2021

9:00 am to 4:00 pm

**Amphitheatre at the Town Center Complex
on Forest Hill Blvd. Wellington, FL**

We need member-grown plants:

- **Let us know immediately if you are planning to contribute plants.**
- **How many plants in total will you be contributing?**
- **Mark each plant with its name and requirements—sun exposure, watering frequency, mature height, etc.**

We need volunteers:

- **Set-up crew before the sale, starting at 7:00 am**
- **During the sale, at least 10 people per shift, as follows:**
Shift A. 7:00 am - 10:00 am - set up (7-9 am) and start of the sale
Shift B. 10:00 am - 1:30 pm
Shift C. 1:30 pm - 5:00 pm (4:00 to 5:00 pm will be breakdown)
- **Master Gardeners to answer visitor questions**
- **Members to work in the various areas of the sale—i.e. sun plants, shade plants, member-grown plants, etc.**
- **Helpers posted to specific areas to help visitors follow traffic flow and comply with the social distancing requirements.**

WGC will follow the Palm Beach County/CDC guidelines for Covid-19 safety. We will have masks available for all volunteers and shields for volunteers who will have more up-close contact with visitors, i.e. the cashiers.

**Even if you don't have vast plant knowledge,
we have a spot for you.**

**Contact: Carol Ralph, at 561-557-5156, 740-243-8843
or caroltaylorralph@gmail.com**



Touring our Wellington Gardens—Kathy Siena, Event Planner

January 6, 2021 was a perfect day for our first *Around & About* of 2021, to visit the beautiful gardens managed by our WGC volunteers. Kathy Siena arranged and led the tour which included the Community Garden at the Boys & Girls Club of Wellington, the Butterfly Garden on Greenbriar Blvd. and the Butterfly Garden at the Wellington Environmental Preserve. More than 20 members strolled through the various vegetable beds as John Siena, Chairman of the Community Garden, gave an interesting talk. Team volunteer, Lisa Ferrano, led a pleasant stroll through the newly established butterfly garden.

We also had the pleasure of meeting and hearing from the Boys and Girls Club Director, Kenda Peterson. At the end of the tour, Kathy Siena, Co-Chairman, had a surprise goody bag of fresh, baby heirloom tomatoes for each participant.

The group continued their caravan to the Butterfly Garden located on Greenbriar Blvd. next to the dog park. As we meandered along the freshly mulched pathway, Lisa Ferrano, co-liaison with Kathy Siena, led a tour explaining what each plant was and gave a taste of the fruits on one of the plants. For many years, the Girl Scouts grew and took care of this beautiful native garden. It is currently maintained by WGC volunteers.

As an extra bonus, the group walked through the native tree garden along the mulched pathway as they tried to identify each tree. WGC member and Village of Wellington Tree Board member, Stormi Bivin, was a helpful guide informing the group about the origins of the tree garden.

Finally, the group drove to the Butterfly Garden at the Wellington Environmental Preserve on Flying Cow Road. Kate Kouba, Chairman of the garden, shared some great information about the garden beginnings and the various stages as it grew. I think the visitors were impressed to see the efforts and work put into each of the gardens by so many of their own volunteers.

**It is never too late to volunteer.
Contact each of the chairmen
for questions or interest.**



WGC Members during Around & About on January 6, 2021



John Siena shows off the beautiful garden beds at the Community Garden



Resident experts Lisa Ferrano and Stormi Bivin



It was a lovely day to tour our gardens

WGC Supports Habitat for Humanity Women Build Program—Lisa Ferrano, Chair, Habitat for Humanity

Wellington Garden Club has supported Habitat for Humanity financially and with hands-on labor since at least 2009. **The Women Build Projects** have been especially meaningful to me as I met our fellow garden club member, Linda DeSanti, on a Women Build Project in West Palm Beach.

We were involved in the construction of a home and learned how to hang drywall, set windows and prepare a roof for shingles. We also discovered that we lived in the same neighborhood in Wellington. I invited Linda to join our club and we subsequently became co-chairs of Habitat for Humanity for WGC. We worked on many Habitat homes over the years but strictly in the yards, working with the homeowner landscaping their new houses.

Because of covid-19 restrictions we are limited as far as hands-on participation but we have donated all of the budgeted 2020-21 Habitat funds (\$500.00) to the Woman Build program.

The following thank you note gives details about the family for whom the home is being built.



Dear Wellington Garden Club,

Thank you for your online gift in support of our Women Build program benefitting the construction of a new home for Mary Bridges and her family.

Even though our Women Build teams won't be able to build together this year, it will not stop us from helping the Bridges family and continuing our work to solve the housing crisis in our community. Our newest Habitat families need more support than ever; construction crews are continuing to build homes, communities, and hope. But our work is only possible with your help.

Mary was born and raised in Belle Glade. She retired as a Correctional Officer with the Florida Department of Corrections and serves as an Ordained Elder at Straightway Church. Mary is the custodial guardian of four elementary school aged children, Joseph (11), Arniyah (9), Ruth (7), and Isabella (6) in addition to 25-year-old Ricky. The house will be crowded and happy as they grow up and Mary is looking forward to seeing her children play in their own backyard.

Thank you once again for your contribution. Due to your efforts, we can continue to grow our mission and help local families. We are most grateful for your support.

**Kindly,
Mitchell Fratrik
Development and Sponsorship Coordinator
Habitat for Humanity of Palm Beach County
6758 N. Military Trail, Suite 301 Riviera Beach, FL 33407**

Indian Herbs—Uma Bhati

Turmeric

Curcuma longa, family Zingiberaceae, is a perennial herb plant. It has ceremonial, culinary and medicinal value. Indian food is always cooked with turmeric powder which gives strong color to the food.



You can grow turmeric in your backyard



Turmeric adds color to your meals



Ginger

Zingiber officinale family: Zingiberaceae Known for at least 2,000 years, ginger originated in the tropical rainforests of Southern Asia. It is used as a spice, for home remedies in herbal medicine and to reduce inflammation associated with rheumatoid and osteoarthritis. It is an antioxidant, anti-viral and is used to treat nausea, motion sickness stomach cramps, fevers and colds. Include ginger, raw or cooked in your diet. It is especially comforting as a tea.



Ginger root can be dried into a powder or cut and candied. Sliced ginger can be brewed into a soothing tea



A visit to the garden...

Around & About to White Trail Social and Garden Club—Maria Wolfe

What a wonderful time 19 of our Wellington Garden Club members and their spouses had on Wednesday, February 10 at White Trail Social and Garden Club in Jupiter Florida. This 25-acre establishment is the brainchild of Katie and Matt Reinholtz. Katie treated the group to a rose workshop filled with pruning, fertilizing and growing techniques. The pride that White Trail takes in sharing their passion of cultivating, propagating and growing healthy plants was evident as we enjoyed their scenic gardens.

White Trail Social & Garden Club is proud to be a US Stockist for award winning David Austin Roses. David Austin roses are famed for their impressive root stock and endless, named color varieties. All thrive exceedingly well in our South Florida climate and flower year-round in our zone.

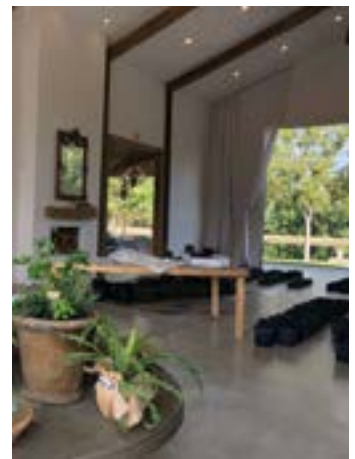
After a delightful and aesthetically pleasing brunch of quiche, edible flowers, quinoa and kale salad and macarons, we were able to browse the grounds. We visited the animal nursery that included goats, a donkey, and chickens, a butterfly garden (in development), fruit tree nursery, and native lavender fields. Many of us were able to purchase plants to cultivate at our homes.



Maria Wolfe with and Katie Reinholtz



Boxed lunch



The shade house



Outside and inside the goat palace



Our group sipping hibiscus tea on a beautiful February morning

Remember when we auctioned the Quilt?

It was 2007. Stormi Bivin, then 1st VP, organized a group of 20 members to create garden-themed color blocks which were pieced together into a beautiful quilt embellished with beadwork and embroidery. **It was raffled off at the FFGC District X Fall Meeting and raised \$5,000!**



Mark your calendar today for our next
Around & About

Monday March 15, 10:00 AM
Society of the Four Arts
100 Four Arts Plaza, Palm Beach, FL

Here's the Plan

10:00 AM: Meet at the entrance to the Four Arts Gardens. There are two sculpture exhibits in the gardens that are free; one by American artist and filmmaker Philip Haas and the other by Dale Chihuly, American glass sculptor.

11:00 AM: Attend lecture *An Artful Life* by Leslie Jackson Chihuly, President and CEO of the Chihuly Studios. It is located in the Auditorium of the Esther B. O'Keefe Gallery. Admission to the lecture is \$20.00. A limited number of tickets are available. To purchase tickets call: 561-655-7226. WGC is NOT purchasing a block of tickets.

11:00 AM – 1:00 PM: If you're not attending the lecture you may enjoy an exhibition of works by Charles and Jackson Pollock Art in the Gallery of the Esther B. O'Keefe Gallery building. Admission is \$10.00. Those who attend Leslie Chihuly's lecture may view the Pollock exhibit after the lecture or return to the garden for a closer look at the gardens and sculptures.

1:00 PM: Reconvene at the entrance to the gardens for lunch at a near-by restaurant. **Please let me know if you will stay for lunch.**

If you plan to attend and need a ride, contact Event Organizer, Twig Morris at twig_morris@hotmail.com or text/call 201-230-6324.

For more information on the exhibits and lecture, www.fourarts.org

Directions: Okeechobee Boulevard east toward Palm Beach. After crossing the Royal Park Bridge over the Intracoastal Waterway from West Palm Beach into Palm Beach, make the first left turn onto Four Arts Plaza. Parking is available for free in several lots. The gardens will be on your right.

Save the Date!

Bulletin Board

Shredding Event

Our annual Shredding Event fund raiser was held on Saturday, January 16, 2021 with our friends from Total Shredding. Volunteers were: Bobbi Ziegler, Barbara Zenker, Alison Albury, Joyce Smith, Maria Wolfe, and Jan Seagrave as well as many other garden club members who showed up to give their support. Thanks to everyone who came out in support of this fund raiser. **We raised \$320!**

What's Next

April 11, 12, 13—FFGC Convention in Daytona Beach FL

The Convention will take place as planned! Register by March 17, 2021. Go to the FFGC website for details and registration.

April 22—FFGC District X Spring Meeting

Hosted by the Garden Club of Fort Pierce via Zoom. Featured topic: The Magical World of Gesnariads Olive Ma and Dr. Ralph Robinson, Owners of the Violet Barn in Naples NY

May 3, 2021

Wellington Garden Club Spring Luncheon to celebrate our 40th Anniversary!
Wear Red. For details contact Jan Seagrave



“A little garden pruning resulted in a lovely kitchen bouquet. We don’t often think of begonias as a cut flower, but they work quite well. And the shrimp plants! They make more “shrimp” than I can ever use. That’s Crocosima in the back. Such a brilliant orange.”

— Mary Barbara Alexander

Wellington Garden Club

Wellington Garden Club is a member of NGC, FFGC, DSR, District X. The club meets on the first Monday of the month at the Wellington Community Center, 12150 Forest Hill Blvd., Wellington, FL in the Lakeview Room on the ground floor. Guests are welcome. If you plan to bring a guest, please contact:
Alison Albury, Membership Chair at (H) 561-372-5952, (C) 315-681-8867 or email kaalbury@gmail.com



1989 South Club Drive
Wellington, FL 33414

Alamanda News

The WGC Newsletter is published five times a year. Please send news, photos, tips and articles to the Newsletter Editor: Tina Richter tinaj.richter@gmail.com
Deadline for May Issue: April 15, 2020

Wellington Garden Club Officers

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1st Vice President
2nd Vice President
Treasurer
Assistant Treasurer
Corresponding Secretary
Recording Secretary
Parliamentarian
Former President ex-officio

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