



Allamanda News

The Newsletter of the Wellington Garden Club

MARCH-APRIL 2019



President's Message

It is hard to believe that almost two years have passed since I became your president. I guess time flies when you are having fun. It has been my honor to have served as the Wellington Garden Club President. The Board members have all done outstanding work. The committee chairs have really stepped up to the plate and our club has benefitted greatly. I know that your incoming President, Jan Seagrave, will do an outstanding job and I hope you will support her as much, if not more than you have supported me.

Our biggest fund raiser, the *Deeridge Gardens Tour*, is quickly approaching. Everyone has been working hard to make this event a success. Plans are progressing smoothly, but we must all be proactive in selling tickets, getting ads and finding sponsors. As you know, we provide funds to support our many projects including scholarships, Habitat for Humanity, Penny Pines, Coral Reef Restoration, SEEK and Wekiva. Workshops from our members have also contributed while giving instruction and guidance in fun activities. And we cannot forget our members who have made our luncheons both fun and entertaining, especially the raffles.

I would be remiss if I did not compliment every member on all their support and dedication. We have an amazing group of knowledgeable and gifted people who have given their time, energy and expertise graciously.

Even though I will no longer be your president, I will still be proactive with FFGC as your District X Director. I will continue to update you on all activities as well as create interest and enthusiasm in all areas of gardening.

Thank you from the bottom of my heart.

Carol



WGC Club Meetings

Monday, March 4

Wellington Community Center, 9:30 AM

**Featured Speaker: Anna Maria Clement,
Hippocrates Institute**



Dr. Anna Maria Clement of the Hippocrates Institute—a leader in complementary health care and education—will speak about the Institute’s emphasis on all aspects of wellness with a focus on healthy eating and how to establish a stress-free lifestyle.



Monday, April 1

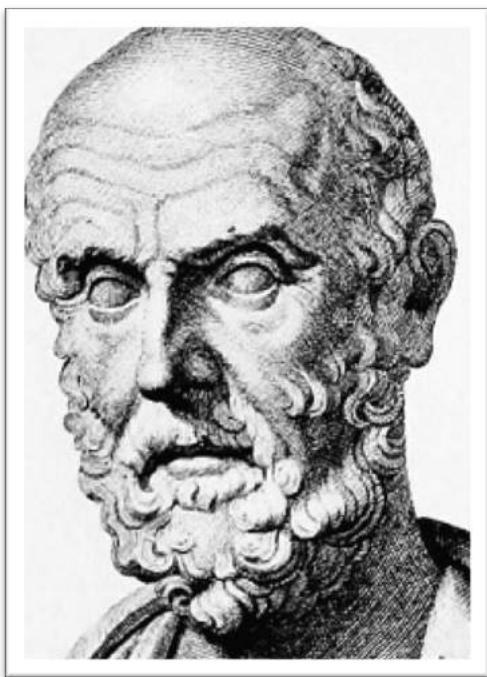
**Featured Speaker: Stefan Horbonis
YOU Farm—Organic microgreens**

Stephan Horbonis is a farmer and the president of YOU Farm which was established in 2015 as a concept farm where YOU can come to grow your own fruits and vegetables.

Calendar of Events for March & April

March 1-2	District X Standard Flower Show—Boca Raton Garden Club Clubhouse, 4281 NW 3 rd Ave. Fri. 1-4 PM, Sat. 9 AM-3PM
March 9	Titanic The Musical—The King’s Academy, 1 PM
March 13	New Member Reception—Wellington, 6-8 PM
March 20	FFGC District X Judges Council, Mall at Wellington Green, Live 360 Studio, All Day
March 21	Around & About—Hippocrates Institute, West Palm Beach, 12 PM
March 25	WCG Board Meeting—Wellington Community Center, 9:30 AM
April 1	Garden Club Meeting—Wellington Community Center, 9:30 AM
April 7-10	FFGC Convention, St. Augustine
April 11	Around & About—Port St. Lucie Botanical Garden, 11 AM
April 13	Garden Tour at Deeridge Farm
April 19	Newsletter Article Deadline
April 22	Earth Day—Wellington Amphitheater
April 23	Adopt-A-Street—Wellington Dog Park, 9 AM
April 25	District X Spring Meeting—Benvenuto’s, Boynton Beach, All Day
April 29	WGC Board Meeting—Wellington Community Center, 9:30 AM
May 6	Spring Luncheon—Mayacoo Lakes Country Club, 11:00 AM

Don't miss out... Join us on these fun *Around & Abouts*



Thursday, March 21, 2019

Hippocrates Health Institute
1466 Hippocrates Way, West Palm Beach

Let food be thy medicine and medicine be thy food. This simple idea was first voiced by Hippocrates 2,500 years ago. A commitment to this inspired truth is embodied in Hippocrates Health Institute, a non-profit organization that has offered comprehensive wellness programs for over 60 years. Founded by Ann Wigmore and later joined by Viktoras Kulvinskis, this comprehensive institute encourages people to draw from their vast inner resources to transform the quality of their health and lives. The Hippocrates Institute features beautiful, resort-like gardens, chemical-free pools and a stress-free environment.

Sign-up/Pay Cutoff: March 11, 2019

Tour: 12:00 PM (1 hour)

Cost: Free

Lunch: \$25 without Tour, \$20 with Tour

Carpool: Depart 9:00 AM sharp

Thursday, April 11, 2019

Port St. Lucie Botanical Garden
2410 SE Westmoreland Blvd.
Port St. Lucie

The site boasts a lake with a fountain, paved paths, beautiful gardens, a pavilion and a gift shop. The garden's wetlands and mangroves sit on the banks of the pristine north fork of the St. Lucie River which is comprised of scrub, scrubby flatwoods, bay-gall and wet flatwoods with a mangrove fringe.

Sign-up/Pay Cutoff: April 1, 2019

Cost: Donations

Tour: 11:00 AM (1 hour) Lunch on your own

Carpool: Depart 9:30 AM sharp

Carpools always depart from:

West—Wellington Community Center parking lot

East—IHOP 6708 Forest Hill Blvd.

Contact: Terrianne Tuskes

561-346-2617 or email petmother@aol.com



WGC New Members Reception



Help welcome our newest members at Amy Schwed's home in Wellington. The agenda will include an introduction of new members by their mentors followed by an NGC Video Presentation and a word from out-going President, Carol Coleman and Committee Chairs.

Date: Wednesday, March 13, 2019

Place: Amy Schwed's Home, 9628 Via Elegante, Wellington

Time: 6:00-8:00 PM

Supper: Yummy hot dishes, sides, veggies and dessert

RSVP by Monday, March 4, 2019

Carol Ralph, 561-557-5156, caroltaylorralph@gmail.com

More Fun Events

—Kathy Siena, External Events Liaison

63rd FFGC Annual Convention

The FFGC convention is always inspiring, but this year it's even more special because our President, Carol Coleman, will be installed as District X Director for 2019-2021. It's a perfect opportunity to carpool, share a room with your friends and enjoy this fun-filled event, complete with excellent speakers, vendors, the Mega 50/50 Opportunity Drawing and much more. Let's go cheer Carol on!

Date: April 7-9, 2019

Location: World Golf Village,
Renaissance Resort, St. Augustine

Registration Form: Go to: districtx.org
and click on Upcoming Events



District X Spring Meeting—*Spring into Action*

New District X President, Carol Coleman will preside at this meeting hosted by the Oleander Garden Club. The all-day event will feature presentations by Roger L. Hammer, professional naturalist and survivalist instructor for the Discovery Channel's reality TV show *Naked and Afraid* and Mayfair Hydro, President of the Metropolitan Miami Flower Show.

Date: April 25, 2019

Location: Benvenuto's Restaurant in Boynton Beach.

Cost: \$41.

Registration: Go to districtx.org

Contact: Barbara Hadsell at barbarahadsell@cs.com



SAVE THE DATE – May 4th Command Performance

If you missed this fabulous show the first time around, you are in luck! WGC is organizing another group theatre outing for 1:00 PM matinee on Saturday May 4th.

Based on the 1992 motion picture and inspired by a true story, *Newsies* features a Tony Award-winning score by Alan Menken (Little Shop of Horrors, Sister Act) and Jack Feldman and a

book by Tony Award winner Harvey Fierstein (Kinky Boots). *Newsies* is packed with non-stop thrills and a timeless message, perfect for the whole family. This will be your last chance this season to experience a King's Academy's award winning musical. These youngsters will knock your socks off! Enjoy this amazingly professional show in a new state-of-the-art auditorium. Ordering info. to come.

In your most elegant Derby-style hat, you'll enter the winner's circle when you join us on May 6th!

Run for the Roses Wellington Garden Club Spring Luncheon

Our Kentucky Derby-themed spring luncheon will be held at Mayacoo Lakes Country Club from 11:00 until 2:30PM. And fun will be everywhere—great raffles (over 20 baskets), great favors and decorations plus awards, honors and the installation of our new officers. Come celebrate in that memorable hat you created just for this event... you may win a prize.

Menu Choices include:

Asparagus Stuffed Chicken Breast
Salmon Florentine
Vegetable Stack
Enjoy fresh apple crunch, tossed salad with walnuts and rice pilaf followed by a fabulous slice of *Derby Pie*.

Date: May 6, 2019 11:00 AM–2:00 PM

Address: 9697 Mayacoo Club Dr., West Palm Beach

Cost: \$35.00 (*Make check out to Wellington Garden Club and include menu choice*)

Send to: Deb Russell, 571 Juniper Pl., Wellington, Fl. 33414



**Wear your stunning chapeau to our
Run for the Roses Luncheon**

We had so much fun!!!!

On February 11, our WGC crafters created hand-painted flower pot & spoon wind chimes.



Tropical Short Course 2019... & 2020—Kathy Siena



Our two-day event last January 23-24 at the beautiful Embassy Suites by Hilton in Palm Beach Gardens was a great success, with 160 registrations. We had very interesting and educational speakers on mangroves, honeybees and hummingbirds, community greening, indoor plants and mangoes. We also had two entertaining floral designers and enjoyed meeting our hard-working FFGC President and 1st VP.



Be sure to watch for more details on next year's TSC/NGC Tri-Refresher, to be held on January 22-23, 2020 at Mounts Botanical Gardens.

Our Shredding Fundraiser was Awesome!

—Jan Seagrave and Maria Wolfe, Co-Chairmen

On February 16th, The Wellington Garden Club netted \$1,005.00 on our Shredding Fundraiser. We want to thank PNC Bank for allowing us to use their location as well as our totally awesome volunteers— Barbara Zenker, Barbara May, Kathy Siena and Allison Albury—who made the event a great success.

Community Garden at the Boys & Girls Club of Wellington

—John Siena February 15, 2019



The Community Garden, established by the Young Professionals of Wellington and managed by the Wellington Garden Club, continues to do good work in our local community, thanks to the financial and volunteer support of both organizations.

Recently, the Village of Wellington delivered organic mulch to the garden. Through the volunteer efforts of a local construction company three of the beds were divided into two smaller beds, making them easier for the kids to work in. Thanks to all involved!

We spent the first half of this year's growing season fighting a major fire ant infestation using only organic weapons. We have successfully beaten the beasts back to one active colony, so we were able to plant without significant danger of bites.

The boys and girls at the club are very excited to be back in the garden. Together we planted tomatoes, peppers, broccoli, cauliflower, Brussel sprouts, kale, lettuce, onions and beans. We installed drip irrigation to conserve water and are looking forward to a great harvest in the coming months. Meanwhile, we are dedicating part of the garden to butterflies and bees (hopefully not Africanized bees).

We meet every Tuesday from 3:30 PM at the Boys & Girls Club on Wellington Trace. Please join us. Contact: John Siena at 561.797.8818 jcsiena@gmail.com



Wekiva Update

Wow! What a response we've had! As of February 14th, we have signed up and are sponsoring two Critter campers, six Regular Campers and Stormi Bivin has volunteered once again.

FYI: We have funds for two more campers, but the available slots at the camp are few so this will probably be it for the 2019 season.

HURRY! Call Harriet Samuels at 561-715-0950 or Hiswpbwh@gmail.com ASAP for further information.



Campers at the January Meeting

Wellington Garden Club Masters' favorites



Isn't this amazing?

Aechmea Match Stick
—Ann Hlasnicek

I love natives!

—Kate Kuba
From the Marian
Stoneman Douglas
Native Garden



Peace lilies
clean the air in my
house.

—Carol Krenkel

This is Pong...



I think moonlight plants are cool!

—Carol Lazzarino



More Fabulous Favorites



My Christmas cactus, blooming now...Better late than never! —Joan Kaplan



This rose starts out yellow & ends up pink.
—Deb Russell



Before & After
—Bobbi Ziegler



My weird & wonderful
Lady Margaret cultivar of passion flower.
—Mary Barbara Alexander



Everything's coming up Roses & More at our Youth Gardens—Twig Morris, Kathy Siena

The WGC-sponsored youth gardens are alive and thriving, thanks to the financial and sponsoring support of our members.



The garden at Pine Jog Elementary is bursting with strawberries, spinach, kale, cabbage, lettuce, beets, carrots, celery, tomatoes, and more. And all are growing on hydroponic towers and raised garden beds. The plants are grown from seed except for strawberries and cabbage, which the school purchases as starter plants. Everything is grown organically with no pesticides or chemicals. Even the soil is an organic blend provided by Amerigrow in Delray Beach.



The garden is part of the school's science curriculum under the guidance of science teacher, Susan Hahn. All the work is done by the students in grades K-5, including cleaning and filling the pots at the beginning of the school year. Twig Morris is the WGC Liaison working closely with Susan.



Binks Forest Jr Garden Club is led by teacher, Starla Davis and WGC Liaison, Kathy Schneider. Several elementary classes participate in the garden during the school class time each week. They purchased 1500 ladybugs to help with their insect problem. Apparently, it didn't completely do the job with the pesky critters. However, giant milkweed plants were a great success attracting beautiful monarch butterflies to the garden.



Binks Forest Jr. Gardeners with teacher,
Starla Davis



Girl Scout Troop 2222, You Rock! —Kathy Siena



Girl Scout Troop 2222 is working hard to weed and clear the pathway through their beautiful native butterfly garden located near the Wellington Dog Park on Greenbriar Drive.

Leader, Allison Zimmerman has been working with the Girl Scout troop for years. Together, they have created an amazing garden that everyone in the community can enjoy and walk through.

In December, the girls followed WGC volunteer Lisa Ferrano's suggestion to cut the garden back in order to help it thrive in the spring. The girls planted black-eyed Susan's, bee balm, spiderwort, and blanket flowers to fill in an area near the entrance. The girls earned the Earth Defender badge through GSSEF council for their continued work at the garden and for creating a habitat for butterflies.



The Troop was out again on February 4th! The new plants added in the fall are looking spectacular! Everything is blooming with amazing color! The girls are planning to have the Cub Scouts come out in April to help out in the garden and they will be teaching them about the native plants we have there. The girls will also be working toward the GSSEF butterfly badge. Message to WGC from GS Troop 2222: "Thank you to the garden club for the ongoing support!" Be sure to stop by the Dog Park and look for the garden!

Wellington Garden Club Treasurer's Report—Danese Sloan-Kendall

January

- Income—\$6,963.04.00 primarily from Around & About and King's Academy Fundraising
- Expenses—\$4,451.41, *Around & About* deposits and King's Academy Fundraising
- Checking Account Balance—\$16,111.20 as of January 31, 2019

For more information, review the WGC profit & loss versus annual-budget-to date report, available on the WGC website

The Wellington Garden Club Needs YOU!

Calling all volunteers for the

**Once in a Lifetime Tour of
Deeridge Farms Gardens
April 13, 2019**

As you know, the 2019 Garden Tour is our biggest fundraiser, providing funds for Wekiva Camperships, college scholarships, Habitat for Humanity landscape projects, junior garden club activities and various community beautification projects.

Please help us meet our fundraising goal of \$20,000 by selling tickets or by becoming a sponsor of the Garden Tour yourself.

Contact Ticket Sales Co-Chairs:

Joan Kaplan admiralr29@aol.com

Jayne Kiesewetter jbinwelly@comcast.net

Sign up to volunteer at the March meeting or contact Carol Ralph at caroltaylorralph@gmail.com

The Wellington Garden Club meets on the first Monday of the month at the Wellington Community Center, 12150 Forest Hill Blvd., Wellington, FL in the Lakeview Room on the ground floor. Guests are welcome. If you plan to bring a guest, please call Mary Drexler, Membership Chair at 561-506-7404 or email mkdrexler@comcast.net

Newsletter

The Allamanda News is published five times a year. Please send news, photos, tips and articles to Newsletter Editor:

Tina Richter tinaj.richter@gmail.com

Deadline for May Issue: April 19

Wellington Garden Club Officers

President	Carol Coleman
1 st Vice President	Jan Seagrave
2 nd Vice President	Caren Griffin
Treasurer	Danese Sloan-Kendall
Assistant Treasurer	Evvy Bartley
Corresponding Secretary	Mary Drexler
Recording Secretary	Maria Wolfe
Parliamentarian	Barbara Hadsell
Former President ex-officio	Kathy Siena



Wellington Garden Club
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