



# Allamanda News

The Newsletter of the Wellington Garden Club

SEP/OCT 2016

## PRESIDENT'S MESSAGE



The summer is almost past and a new autumn season is soon upon us beginning a brand new Wellington Garden Club year. While autumn is usually the time for leaves to turn brown and die, fall is a fresh new time to start our busy Club year. We have been very busy during the summer continuing preparation of our new and revised Articles of Association, new yearbook, new website, new meeting location and meeting structure. We will be handing out the new 2016-2017 Yearbook at the October 3rd meeting. We have some interesting speakers and Around & About activities planned for the 2016-17 club year. The holiday luncheon committee is making preparations for celebrating our garden club's 35th Anniversary of our founding in 1981 on Monday, December 5.

We enjoyed a wonderful day planned by our May luncheon committee at Wycliffe Golf & Country Club. We are always happy to meet our new and deserving college scholarship recipients introduced by chair, John Siena. It is also a great honor to share with our members the Awards earned by our adults and youth. Of special significance is the Recycled sculpture first place award given by National Garden Club to 4th grader Maya Malec. All in all, not only were the menu, decorations, raffle baskets and table centerpieces amazing, but a great hat and dance routine was presented by Dee Rolfe and her team. Thank you all for a memorable time to end our club year.

**Please Note:** Our new meeting location will be in the Wellington Community Center located in the same place as the old center was at 12150 Forest Hill Blvd. We will meet in the beautiful Lakeview Room on the ground floor. Our new meeting structure will be to start with a social time at 9:30 AM and enjoy a continental breakfast, followed by our business meeting at 10:30 AM and then our guest speaker. The entire meeting should end around 12:30 PM, just in time for you to go to lunch with some garden club friends. Come early to look around our new "home".

The first meeting of the year is on Tuesday, September 6 and is a members-only business meeting to discuss and vote on the revised and amended Articles of Association. There will be **no** speakers, guests, plant raffle, or caps collecting at this meeting. Our Hospitality Committee and chair, Denise Friedlander will help serve breakfast items brought in by our members. Contact her to help. All members should try to attend to have a quorum. The Monday, October 3rd general members meeting will be as usual. **Members need to sign up to bring food.** Prepare your plants for the plant raffle. Speaker and guests welcome.

You are always welcome to reach out to me if you have comments or concerns to [ksiena2000@gmail.com](mailto:ksiena2000@gmail.com) or 561-371-3388. Club presidents are usually asked to think of a theme for their presidency. I chose this one as mine last year and continue it for this coming year: "Nurture Our Gardens, Ourselves and Our Leaders of Tomorrow". As a non-profit, charitable organization, it is our mission to serve our community when we see a worthy cause or opportunity to give back. Let's have a nurturing and fun garden club year.

Kathy

**"Nurture Our Gardens, Ourselves and Our Leaders of Tomorrow".**

## CALENDAR OF EVENTS - SEPTEMBER - NOVEMBER 2016

Aug 30	Executive Committee (EC) Meeting – K. Siena’s Home (9-10:30 AM)
Sept 6	Garden Club Meeting – <b>Members Only</b> – New Wellington Community Center (9:30 AM) 12150 Forest Hill Blvd., Lakeview Room, Ground floor, Wellington. A light continental breakfast will be available.*
Sept 14-15	FFGC Board of Directors Meeting – Winter Park Days 1-2
Sept 17	Coastal Cleanup – Ocean Inlet Park, Ocean Ridge (8:30 AM – 1 PM)
Sept 21	District X “Meeting of the Minds” – Stuart
Sept 24	3 <sup>rd</sup> Annual Tree Planting (NPLD) – Wellington Environmental Preserve (8:30 AM – 11:30 AM) Volunteers are asked to help.
Sept 27	Executive Committee Meeting – Wellington Community Center (9 – 10:30 AM)
Oct 3	Garden Club Meeting- Wellington Community Center (9:30 AM) Resumption of speaker and guest meeting.
Oct 11	Adopt-a-Street – Wellington Dog Park (9 AM)
Oct 13	District X Fall Meeting – Boca Raton Country Club (8:45 AM)
Oct 18	Around & About – Kevin Easton’s Bees, 8511 40 <sup>th</sup> Terr. N., Palm Beach Gardens, 33410
Oct 24	Garden Art Workshop – Fire Station 30 – 9610 Stribling Way (9 AM – 1PM)
Nov 1	EC Meeting – Wellington Community Center (9-10:30 AM)
Nov 1-3 (Tues-Thurs)	NGC Flower Show Judges School, Course IV, District X – Port St. Lucie – Days 1-3
Nov 7	Garden Club Meeting – Wellington Community Center (9:30 AM)
Nov 10	Floral Design Workshop – Village Park (9:00 AM – 2:30 PM)
Nov 11	Veteran’s Day
Nov 14-15 (Mon-Tues)	NGC Environmental Studies, Course II – Pine Jog Env. Center, WPB – Days 1-2
Nov 8	Around & About <b>VENUE #1</b> – La Maison Fleurie, Rio/Jensen Beach & <b>VENUE #2</b> - Tropical Ranch Botanical Garden, Stuart
Nov 18	Wellington Landscape Maintenance – Wellington (8:30 AM)
Nov 29	EC Meeting – Wellington Community Center (9-10:30 AM)
Nov 30	FFGC Awards Submission Deadline

**\*Please note, Sept. 6 is a business only meeting for discussion and voting on the revised Articles of Association. No speakers or visitors will attend this meeting. Continental breakfast served beginning at 9:30 AM. Signups needed for October food donations.**

**WGC Yearbooks will be distributed at the October 3<sup>rd</sup> meeting.**

## NEW MEETING PLACE AND TIME

WGC meets at new Wellington Community Center, 12150 Forest Hill Blvd., Lakeview Room – Ground Floor

**Please Note: Monthly Membership Meetings now begin at 9:30 AM**

Meet & Greet/Light Breakfast:	9:30 AM
Business Meeting Begins:	10:30 AM
Program Speaker Begins:	11:30 AM
Meeting Adjourned:	12:30 PM

## TREASURER'S REPORT

*By Danese Sloan-Kendall, Treasurer*

**August 1, 2016**

Wellington Garden Club began April 1, 2016 with a checking account balance of \$24,509.52

Income since then totaled \$19,935.29, primarily from the Glorious Gardens tour, May luncheon and membership dues.

Expenses since April 1<sup>st</sup> were \$17,782.73 primarily for program services to include, youth garden expenses, member education, FFGC dues, College Scholarship, May luncheon and Habitat.

Additionally, for more detailed information the WGC profit & loss versus annual budget report can be emailed upon request.

Current balance as of July 31, 2016 in the Wellington Garden Club checking account is \$26,662.08

## WELCOME BACK FROM THE MEMBERSHIP COMMITTEE

*Doreen Baxter, Chair*

The face of the Membership Committee has remained pretty much the same except for a change in the Chairperson. Jim Wenham has stepped down as Chair but will still be very busy with many membership duties. I, Doreen Baxter, have volunteered to assume the Chair position. I could use a few additional volunteers as backup to staff a few key positions during our general meetings. If you are interested, please let me know. A list of the responsibilities are as follows:

**Greeter:** Welcomes all members and guests. Directs members to Member Registration to pick up their nametags. Directs guests to the Guest Registration table to sign in. Assists in connecting guests with an Attendant.

**Member Registration:** Assists with name tag distribution, Yearbook distribution, and processing new members.

**Guest Registration:** Provides registration form on clipboard to be completed by guest and provides name tag to be returned at end of meeting. Assists in processing new members.

**Attendant:** Experienced club members who will guide and inform guests of how members participate in breakfast, the plant raffle, sign-ups, various committees & projects. Membership information will be provided. Guests who attend with a current member may not need an attendant.

**New Member Orientation:** Coordinate private gathering of new members and Board members for a "meet and greet" and information exchange on the structure and opportunities within the garden club.

## A TRIBUTE AND FAREWELL TO DIANE

*By Evvy Bartley, Newsletter Editor*



On Wednesday, May 25<sup>th</sup>, Mary Anne Greely hosted a small gathering at her home for Diane Patterson (a past 2<sup>nd</sup> VP/Around & About) and a handful of Diane's close friends of the WGC. This was a hasty decision for a "farewell" party since Diane had just sold her home with plans of immediately moving to Tampa where her family and children reside. She had been contemplating this move for a long time and was finally able to sell her

home making her move a reality. It was a lovely, small gathering, and there were lots of wet eyes upon our departure. She will be sorely missed in the future especially remembering her great Around & About adventures and fun lunches that followed which she took great delight in organizing.

**Standing: Doreen Baxter, Evvy Bartley, Mary Drexler, Joan Kaplan, Deb Russell, Beverly Ginn, Mary Ann Greely with Diane Patterson, seated**

## Wellington Garden Club Celebrates National Garden Week

*By Twig Morris, District X National Garden Week Chairman*

Our club celebrated National Garden Week during the week of June 5-11, 2016, as announced in a proclamation issued by Wellington Mayor Anne Gerwig at the May 24 meeting of the Village Council. The week began with a gathering of club members who created beautiful floral arrangements that were delivered to local municipal offices and other organizations that have supported the Club's activities during the year. Shown at left Evvy Bartley, Deb Russell, Carol Lazzarino, Carol Coleman, Mary Anne Greely, Twig Morris, Kathy Siena and Kimberly Helms.



Mary Anne with campers

Later that week, club members Mary Anne Greely, Carolyn Lowe and her grand-daughter, Olivia, Twig Morris and Kathy Siena helped children in Wellington's Village Park Summer Camp Program plant native Firebush seedlings in pots to take home and grow. The seedlings were donated by the Village.



Kathy Siena with campers

The children were delighted to learn that when the plants mature, they will be a nectar source for butterflies and food for birds. Village staff estimated there were about 75 children in three different groups during the afternoon. The week culminated with a "planting party" at the home of Stormi Bivin when the remaining seedlings were planted in small pots to grow over the summer and be shared with other members when the club meetings resume in the fall.

## RECAP OF AROUND AND ABOUT Truly Tropical Mangoes Monday, June 27, 2016

*By Chris Tiner*



On Monday, June 27<sup>th</sup>, a number of WGC members went on a tour with our leader, Chris Tiner, to Truly Tropical Mangoes in Delray Beach, a working family organic farm. It was a very enjoyable and knowledgeable experience since none of us knew there are actually 75 different species of mangoes (she grows 50), every one with a different flavor, some sweeter than others and some more fibrous. The owner, Chris Wenzel, gave a great talk referencing the different varieties, planting, grafting, care and harvesting of her orchard. She also demonstrated the way they are plucked out of the tree with this long, telescoping instrument. Each tree has a

specific time of the month or year it can be harvested. To name a few mangoes, she mentioned Turpentine, Glenn, Lemon Meringue, Elephant's Tusk, etc.

While we were on our tour, suddenly mother nature pelted us with a heavy rain and wind that would not let up, so we all took shelter under these enormous trees; however, we were soaked to the bones by the time the owner finally took us to her house where we got under cover and dried off as she passed out towels. Under the breezeway, we were treated to three different varieties of mangoes for taste and had the advantage of purchasing several of the varieties at \$3.00 per pound. The general consensus after tasting them all was that the Glenn mango was the winner and had the nicest taste with no fiber. It was a wonderful day in spite of the rain.



By the way, Chris Wenzel says not all 75 varieties of mangos ripen at the same time, so it is best to check her on the web to find out what is in season and for sale that week. She is open to the public, but her days and hours change, so best to check her blog before going. **Delraymango.blogspot.com** or **Facebook link: m.facebook.com/trulytropical/**. Address: 2750 Seacrest Blvd., Delray Beach, 33444

**Monday, July 18<sup>th</sup>**  
**Sons & Daughters Farm and Winery**  
*By Twig Morris*

Did you know there's a winery in Lake Worth? Well there is – and on a warm July evening over two dozen enthusiastic WGC members decided to experience a tasting and farm tour of Sons & Daughters Farm and Winery. We soon learned that the wine is not made from grapes, but from hibiscus sabdariffa, which is in the same genus as the hibiscus found in many Florida landscapes, although its appearance is quite different. Native to West Africa, it's also known as roselle, Jamaican sorrel, soursour, and Florida cranberry – and valued for its nutrients.



The farm also produces kombucha, a fermented, effervescent, non-alcoholic tea drink, as well as organic eggs, and small quantities of about 50 items, including mangoes, sunflowers, sugar cane and herbs. The tasting included two types of hibiscus wine and two types of kombucha. Members' reactions were varied and ranged from the cheerful toast shown at left with Jackie Anderson, Janet Stein and Shirley Horn, to those who said, "Tried it, but not crazy about it".

Following the tasting, we were given a tour of the organic farm and learned about polyculture, a farming method in which a wide variety of crops are planted in one location. This method differs from monoculture where hundreds of acres of one crop are planted in the same location. We also visited some of the farm animals, including the free-range chickens and the resident miniature donkeys shown at right with Jan Seagrave.



The tour ended back in the tasting room where several members purchased wine and kombucha to take home and enjoy. All agreed it was a unique experience to spend a summer evening on an organic farm with a full moon overhead in the middle of busy suburban Lake Worth. The cost of the tour and tasting is \$12 per person and is "like nothing else in Palm Beach County." If you missed the tour and would like to try it on your own, visit their web site for more details: [www.sd-farm.com](http://www.sd-farm.com)

**FACEBOOK**

*By Linda Motzer, Facebook Chair*

WGC has an updated Facebook page. Go to [wellingtongardenclub/facebook](https://www.facebook.com/wellingtongardenclub/) to view our page. Click the "Like" button to receive the latest Pics and Posts on your FB newsfeed.

Please email WGC event photos or info that you would like posted to Linda Motzer at [immotzer@aol.com](mailto:immotzer@aol.com)

## The Million Pollinator Garden Challenge

*NGC information provided by Deborah Russell, Chair, Birds, Bees and Butterflies*



### **National Garden Clubs (NGC) is an Inaugural Network Partner in this Collaboration!**

Because of our renowned reputation, and the strength of our membership, NGC has been invited to be an Inaugural Network Partner of the National Pollinator Garden Network, recently formed to help establish one million gardens to assist in restoring critical pollinator population recovery in the United States. Over the next two years, The Network will bring together the science and garden capabilities of industry with the outreach of nongovernmental organizations to empower a million private citizens and organizations to plant pollinator gardens nationwide.

Federal agencies have been directed to take steps to protect and restore pollinator populations due to recent declines in the number and distribution of pollinating insects causing significant concern among ecologists and agricultural interests. These declines include our managed bee population used in agricultural, native bees, monarch butterflies (suffering a decline of more than 90% over the past two decades), and many others. In addition to being important to natural ecosystems across our country, pollinators are critical to one third of our food production. While there may be many reasons for pollinator decline, experts agree that the overall loss in the amount and distribution of habitat and food plants is a critical contributor.



**As members of a Garden Club, we can certainly make a positive difference in our community, but as a member of National Garden Clubs, Inc. we can make a significant difference in our World!**

This is an unprecedented collaboration and our members will be providing food and habitat for pollinators in our home gardens (can even be a container on a deck or a condo window planter), as well as our public garden projects, youth garden projects, nursing homes, botanical gardens, business areas, and government offices. Monetary awards will be available for our member clubs, and we plan to coordinate grants to clubs that will plant pollinator gardens with our youth! It is SO important to teach our youth how to take care of our land, our wildlife, our food supply for the future! Who will teach them if we don't!?

### **WGC Members - Register Your Garden!**

Register your pollinator habitat! [Click here to buzz over to the Pollinator Partnership Website](#) where you can create an account, register your pollinator site and see an interactive map of sites that have been registered. It's free and easy! Explore other pollinator-friendly SHARE landscapes all over the globe! Be a part of the movement now!

## AWARDS – ADULT AND YOUTH

By Kathy Siena



As we strive to further our mission statement of “educating our members and our youth in the fields of gardening and environmental awareness”, we see the work that all have put in through the awards that they are honored with. Several awards were presented to our club at the District X Spring Meeting last May and the FFGC convention in April. Some of them to mention are for the contest entries: 1<sup>st</sup> place for the recyclable sculpture contest, 1<sup>st</sup> place for the high school essay contest, “Don’t Let the Frogs Croak”, 1<sup>st</sup> place for poetry contest, “Croaking Leaping Frogs” and many others for Smokey Bear and Woodsy Owl poster entries. Girl Scout Troop 22222 won the Wildflower Whiz award.

Our adults also received honors by winning the following awards for their hard work and participation in: conservation, community service, horticulture programs, environmental education overall and involving youth. Congratulations to all!

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### AROUND AND ABOUT TRIP – Tuesday, October 18, 2016

Home of Kevin Easton, President, Palm Beach Beekeepers Society

Address: 8511 40th Terrace N., Palm Beach Gardens

**TIME: 10:00-11:00 AM**

**COST: Free**



Description: Kevin Easton, President of the Palm Beach County Beekeepers, is going to let us observe bees in their natural environment. he will let us know what they are doing, who is doing it, and why, & interesting factoids about bees. For example: did you know that only female bees sting? Did you know that all the male bee does is look for a queen to impregnate? Did



you know that male bees' eyes are three to four times larger than females'?

Please wear closed-toe shoes, do not attend if you are allergic or sensitive to bee stings, and sign the waver.

**LUNCH:** TBA or Optional: We can talk about eating at one of the many restaurants on PGA Boulevard after the meeting on Tuesday.

**CARPOOL:** Leaves Wellington Community Center Parking Lot located at 12150 Forest Hill Blvd, Wellington or River Bridge Shopping Center parking lot behind IHOP, 6708 Forest Hill Blvd., Greenacres at **9:15 AM Sharp.**

**SIGN-UP:** At a meeting or contact Kimberly Helms, our A & A chair, by email to: [kimberlyskreations@icloud.com](mailto:kimberlyskreations@icloud.com) or phone 561-350-8681. Make check payable to: Wellington Garden Club and mail to: 9443 Granite Ridge Lane, WPB 33411.



## AROUND AND ABOUT TRIP – Tuesday, November 8, 2016

### VENUE #1: La Maison Fleurie

1028 N.E. Kubin Avenue, Rio/Jensen Beach, FL 34957

**COST: \$5.00 Total Venues 1 & 2**

**TIME: 10:00 – 10:45 AM**



This Around and About features **two different locations** as indicated by Venues #1 and #2. You will note by the visiting times that both can be viewed in very short times. After we have visited and seen Venue #2, we can have lunch at one of the adorable restaurants in the downtown area of Stuart, after which if anyone wishes to meander through the shops. ENJOY!

### VENUE #2:

**Tropical Ranch Botanical Gardens**  
1905 SW Ranch Trail, Stuart, FL 34997,  
Phone: 772-285-5569

**COST: See above**

**TIME: 11:15 AM – 12:00 PM**

**LUNCH: TO FOLLOW or OPTIONAL**



**CARPOOL:** Leaves Wellington Community Center Parking Lot located at 12150 Forest Hill Blvd, Wellington 33414 or River Bridge Shopping Center parking lot behind IHOP, 6708 Forest Hill Blvd., Greenacres at 8:45 AM sharp.

**SIGN-UP:** At a meeting or contact Kimberly Helms, chair, email [kimberlyskreations@icloud.com](mailto:kimberlyskreations@icloud.com) or phone 561-350-8681. Make check payable to: Wellington Garden Club in the amount of \$5.00 for both venues. Mail to 9443 Granite Ridge Lane, WPB 33411.

## Adopt-A-Street Program on Tuesday, October 11, 2016

*By Mary Ann Hesser*

We have participated in the Village of Wellington's Adopt-A-Street program for several years. Volunteers meet at the parking lot adjacent to the dog park near the corner of Greenbriar Blvd. and Aero Club Drive at 9:00 a.m. on designated dates four times during the Garden Club's calendar year. We pick up litter beginning at the parking lot and continue to the corner of Wellington Trace and Greenbrier Blvd. Grabbers, gloves, trash bags, and orange vests are supplied by the Public Works Dept. Sign up at WGC meeting. Questions?? Contact Mary Ann Hesser at 792-6690.

## MONDAY, OCTOBER 24<sup>TH</sup> CRAFT WORKSHOP

Pebble Craft Art  
Monday, October 24 9AM-1PM  
Fire Station 30  
With Carol Lazzarino and Dee Rolfe  
\$12.00 per person



Join us for a fun filled morning creating a lovely pebble art board that you can hang outside on your patio or in your house. The theme will be flowers with lady bugs, butterfly's, dragon fly's and bumble bees. The size of the board is 5 1/2" by 22 1/2".

The cost of the class is \$12 per person including the supplies. Please make your checks payable to the Wellington Garden Club and either sign up at the meeting or mail the check to me. Payment must be made no later than October 10 so that we have time to purchase supplies and prep the project.

Carol Lazzarino  
2168 Appaloosa Trail  
Wellington, Florida 33414  
561 312-2082

The class will be held at Fire Station 30 located at 9610 Stribling Road, Wellington, Florida 33414 from 9AM-1PM.i

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## OLD CDs WANTED FOR CRAFT WORKSHOPS

Do any of you have old CDs collecting dust in your office cabinets that we can use for future craft recycle workshops? Please bring to the general meetings or call Carol Lazzarino at 561-784-8459 who can arrange to pick them up from you. We will put them to good use in our garden art workshops. Technology has changed and most people don't use them anymore

## FLORAL DESIGN STUDY SERIES

### **UNIQUE OPPORTUNITY -- UNPRECEDENTED PRICE**

*Class Coordinators: Bernice Correra and Jayne Kiesewetter*

**A rare opportunity will be offered this season, perfect for beginners as well as for those with advanced floral design talent.**

Two of our own members, Chris Biscoglio and Susan Hillson, are NGC Flower Show Judges who have become accredited to teach a series of lectures/demonstrations and hands-on workshops sponsored by the FFGC. Each Unit will be held on one day, with three hours of lecture/demonstration in the morning, and a two-hour supervised and critiqued workshop held after a lunch break.

Six basic units will be offered this season, hence six classes:

**November 10, 2016, Unit I**--Containers, Basic tools, and Vertical Designs.

**December 14, 2016, Unit II**-- Conditioning plant material, mechanics, and Triangular Designs.

**January 12, 2017, Unit III**--Elements and Principles. Compatibility of plant materials with containers, curved designs.

**February 16, 2017, Unit IV**--Table Settings. Coordinating the design with the table components.

**March 16, 2017, Unit V**--Use of bases, features and accessories, designs using wood and contrived flowers.

**April 20, 2017 Unit VI**--Expressive & Interpretive Designs. Conditioning & transporting plant materials to a flower show.

So if you have been hesitating to join Floral Design because you think of yourself as a beginner this is the class for you. Chris and Susan are happy to give these classes to the WGC, hence the low price of **\$65.00 per student** for all six classes: For the first three classes you will be provided with plant material and containers; other basic mechanics such as oasis will be given out at all six classes. Beverage and snack will be provided for the morning break, so bring your favorite coffee cup along with your lunch.

Classes will be held at Village Park in the same room as our monthly meetings last season. Registration is at 9:00. Class will begin promptly at 9:25 and end at 2:30. A complete list of the materials we are providing and those you will need to purchase, will be given to each student prior to the first class.

Remember this is an accredited FFGC series of classes. Your designs will be (gently) critiqued and a Certificate will be awarded to each student who completes the classes. Wear cap and gown on the last day...just kidding. To sign up, mail your nonrefundable check in the amount of \$65.00 made out to the Wellington Garden Club to Bernice Correra, PO BOX 1251, Loxahatchee, FL 33470.

We can only accept 20 students so the first 20 checks are it. If you are #21 or higher, we will be happy to put you on a Wait List. If there are any openings left by the day of our first September monthly meeting, there will be a sign-up sheet. You will need to attach your check to the sign-up sheet. We look forward to seeing you and should you have any questions, please contact either [Bernice](#) at 784-3645, or [Jayne](#) at 791-0273.

## ELKS VEGETABLE GARDEN Wynnebrook Jr. Garden Club

### VOLUNTEERS NEEDED

Starting in October, we will be looking for volunteers to work with the 4<sup>th</sup> and 5<sup>th</sup> grade students from Wynnebrook Elementary School. We meet every Wednesday afternoon from 2:45 until 4:00.

We meet the students who walk to the Elks Club on Belvedere Road just east of Jog Road. We need volunteers who will enjoy helping in the vegetable garden that Tim Hadsell is in charge of, helping in the kitchen where Janet Stein guides the students preparing a healthy snack, or assisting students doing a craft inside the air conditioned Elks Lodge. The crafts are a new venture for those of you who can't work in the garden and are not able to stand for long periods of time in the kitchen. The ideas and materials for the crafts will be provided. The students are a delight to work with and the Wynnebrook Aftercare teachers are there to assist us with the 25+ students who participate. Please email Janet, [jrstein@bellsouth.net](mailto:jrstein@bellsouth.net) for more information.

Volunteers also are needed to assist and advise our established Youth Garden Club students and teachers at Binks Forest with teacher Starla Davis and at Pine Jog Elementary with teacher Lori Vanis. Please contact Kathy Siena if you would like to help.

### A "Thank You" to Barbara Hadsell

*By Kathy Siena*

Barbara Hadsell has been a dedicated and active volunteer in our Club for many years. She devoted countless hours to educating our youth, mentoring our members, including myself, and giving her time and efforts to community service. She is a former President of our Club, Parliamentarian, a member of NGC, Deep South Region, FFGC and District X Boards. Our Club honored her with the Earth Steward Recognition for her efforts in conservation and protection of our earth. She was co-chair for our 2016 Glorious Gardens Tour. She is an NGC Gardening Study Master Consultant, Environmental Studies Consultant, and Landscape Design Master Consultant and a Florida Master Gardener. Because Barbara has taken on other new responsibilities in the gardening world such as NGC and FFGC Gardening Studies Chair and Oleander Garden Club, she will no longer be involved in our Club. Barbara, we thank you for all the hard work, time and passion you gave to help our Club grow to what it is today.



Barbara in pink presenting youth awards with Smokey Bear at a local elementary school.

## HORTICULTURE

By Laure Hristov, Horticulture Chair

### A Blended Kitchen Garden



Blended gardens that incorporate edibles and ornamentals do double duty, giving gardeners a bountiful harvest of fruit, vegetables and herbs and an alternative to turfgrass.

The French have been doing it in their potagers (vegetable gardens) for centuries, providing beauty and bounty that enrich their gardens and tables throughout the seasons. For a dazzling display mix flowering ornamentals and experiment with color and texture. Cover the ground with colorful edibles that are also ornamental, like blue-green

cabbage, purple basil, and oregano. Planting organization is the most practical way to approach edibles. I suggest planting these colorful selections in blocks to create a beautiful, quiltlike tapestry.

Use these simple design tips to transform your veggie plot into a beautiful kitchen garden full of color and texture!

- 1 Arrange bunches of bold color. Vibrant, lush foliage defines a kitchen garden. Plant colorful sections of flowers, vegetables, fruits, and herbs next to one another to achieve a truly dramatic display.
- 2 Plant snug beds. Rather than planting everything in straight rows separated by expanses of soil, consider creating tight planting patterns that will provide an expanse of attractive edibles.
- 3 Smooth out the edges. Clean edges and pathways help define your space. You can also unify garden and home by employing complementary colors and materials (wood and brick, for example).
- 4 Define your space. Fences, walls, and living borders help frame your garden. Establish a peaceful outdoor retreat by choosing options that best fit your style.
- 5 Create some filtered light using Loquat Trees, Meyer Lemon Trees, Calamondin Citrus (great for jams) Dwarf Mango, Papaya, Barbados Cherry to name a few.
- 6 Use hedges to border your edibles with plants such as Ilex, Juniper, Hibiscus and Elderberry and Rosemary
- 7 Herbs with silver foliage: Artemesias, Chives, Ecaulyptus, Sage Tansy, Thyme, Variegated Pineapple Mint
- 8 Colorful herbs: Aloe, Basils (green or purple) Marigolds, Nasturtium, Pepper (Capsicum), Sage, Society Tarragon, Thyme Salvias
- 9 Colorful vegetables pots such as beans and eggplant
- 10 Have fun and enjoy



can be added in decorative tomatoes, peppers, green and placed within the beds. the bountiful harvest!

*Your mind is a garden. Thoughts are seeds. Either grow flowers or weeds.*

### **Laure's FRIENDLY REMINDER:**

CUT BACK YOUR WINTER BLOOMERS NO LATER THAN 9/15, ESPECIALLY DOMBEYA SEMINOLES, DO NOT CUT HARD JUST TRIM TO HOW YOU WANT THEM SHAPED FOR THE WINTER. THEY WILL STOP GROWING AND WILL BE PUTTING THEIR ENERGY INTO THE FLOWERS FOR NOVEMBER!

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## **UF/IFAS Publications**

### **Turmeric**



Turmeric (*Curcuma longa*) is a member of the Zingiberaceae family which also includes ginger, cardamom, and galangal. Like ginger, the underground stems, or rhizomes, of turmeric have been used for thousands of years in Indian cooking and is a major component in curry recipes; it is also quite popular in other Asian, East African, and Caribbean dishes. Today, researchers are looking at its possible health benefits, including anti-inflammatory properties.

The turmeric you find in the spice aisle in the grocery store is the plant's rhizomes, dried and ground into a powder, but you can substitute fresh turmeric into most any recipe. Fresh turmeric can be hard to find consistently in the grocery store. Luckily for Florida gardeners, growing it at home is easy. With its tropical foliage and showy flowers, turmeric is a beautiful and useful addition to any garden. The turmeric plant grows to three feet and has oblong, dark green leaves that are about five inches wide. The flowers are yellow-white, growing on a spike-like stalk. It grows well in partial to full shade in soil that has been amended with organic matter. Turmeric prolifically produces rhizomes that are ready for harvest generally in late fall or early winter; you'll know it's ready when the plant goes dormant. A perennial, turmeric dies back during winter freezes but will return reliably in late spring.

While you can sometimes find turmeric at your local garden supply store, you may also have luck finding turmeric for planting in the produce aisle of your favorite grocery store. Choose a firm, fresh piece. To plant, cut the rhizome into pieces 1 to 1½ inches long, each containing at least one "eye" if possible. Do this a few days ahead of planting to allow the cut surfaces to dry, reducing chances of rotting. In your prepared bed, insert each piece and cover with about 1 inch of soil. Space them 15 inches in the row and 15 inches between the row. Early in the spring is the best time to plant

**Cooking With Turmeric** As a general rule about 1 inch of fresh turmeric is equivalent to 1 tablespoon of freshly grated turmeric, or 1 teaspoon of ground turmeric. You may not even realize some of the times you've eaten turmeric; it is often used to add color to everyday foods like mustard. With a nutty taste and a slightly bitter edge, turmeric is a great balance for sweeter spices. Fresh turmeric is a great addition to juices and smoothies, curries, and salads. However, like most spices, turmeric can be added to almost any dish: sautéed with vegetables, sprinkled into mashed potatoes (regular or sweet), or added to sauces and baked goods. Your options are only limited by your creativity.

Also known as Indian saffron, thanks to its yellow coloring, turmeric can also boost the color of your dishes. Added to cooking water, it gives rice and pasta a bright yellow color, while adding it to the cooking oil or butter of chicken and seafood will give the dish a warm orange hue. Be careful when cutting fresh turmeric though—the same properties that make it great for adding color to dishes will cause it also stain your hands, surfaces, and anything else it comes into contact with a glorious hue of yellow. The roots are not the only useful part. Turmeric leaves can be used as a wrap the same way you would use cabbage, banana, or grape leaves.

Since growing turmeric will often provide you with a bountiful harvest, you may find yourself with more than you know what to do. Fortunately, turmeric keeps well when frozen. Simply wash, peel, and freeze the rhizomes. When you're ready to use it you don't even need to thaw it; simply grate what you need into your recipe. Lovely and tasty turmeric is a home-run in the garden!

## HIGHLIGHTS OF WGC SPRING LUNCHEON ON Monday, MAY 2, 2016



The WGC held its Annual Spring Luncheon at Wycliffe Country Club on May 2. Over 100 members attended this wonderful event. The food, decorations and raffle baskets were all great but the highlight was our own Dee Rolfe displaying her wonderful hat collection worn by women throughout the years. The models were our own members who did an outstanding job. All of this was topped off by Dee doing her own rendition of "Hello Dolly." A great time was had by all!

Also at the luncheon, academic scholarships were awarded by John Siena, College Scholarship Chair and Mary Kastner, to four outstanding students. Scholarship recipients were: Sandy Smith, an environmental science major at Palm Beach State College; Amy Polen, a Palm Beach Central High School senior entering the University of South Florida as an Environmental Science & Policy major; Julie Morell, a Palm Beach Central High School senior entering the University of Central Florida as an Environmental Science & Education major; and David S. Fisher, a Wellington High School senior entering the University of Florida as a Botany major. Teachers attending as our guests were Toni Riebe (PBCHS) and Karen Clawson (WHS). These students were selected as outstanding recommended by their professors and educators.



Lovely hat models and happy luncheon attendees made this a wonderful event. Thanks to all who helped make it such a success, especially to our Luncheon Chairs Bobbi Ziegler, Barbara Zenker and Judy Schweitzer who worked very hard to make it great.



Dora Bellomo



Carol Lazzarino



Lovely table gathering

## ENVIRONMENTAL NEWS

By Diane Rice and Phil Macnak, Environmental Chairs



Welcome to Wellington  
Garden Club's Annual  
Beach Cleanup & On Site Bar-B-Q  
in conjunction with :

-Keep Palm Beach County Beautiful-  
International Coastal Cleanup Day

Date: **Saturday, Sept. 17, 2016**

Place: Ocean Inlet Park  
6990 N. Ocean Blvd.  
Ocean Ridge, FL 33435

Time: 8:30AM - 1 PM at the inlet park  
7:45 AM - Carpool from St. David  
More info later.

Directions: Take I-95 to Boynton Beach  
Blvd -Go East- X Bridge -to A-1-A/  
Ocean Blvd -turn left or North. Pass  
Hammock Park -- turn in to Inlet Park  
OR

Take I-95 to Lantana. Go East X Lantana  
Bridge to A-1-A/ Ocean Blvd. Go South.  
Turn into Inlet Park.

RSVP - Yes -- Count us in - Names are:  
\_\_\_\_\_. Total in my party is \_\_\_\_ and  
my lunch order is \_\_hamburgers and /or  
\_\_hotdogs (Max 1 each pp). Meal incl.  
chips, beans, watermelon, salad &  
lemonade. You can bring your own soda.  
Will provide ice & cups. Price: \$8 pp.

Checks payable to Wellington Garden  
Club by Sept 12th and mail to 14909  
Horseshoe Trace-Wellington 33414 .  
RSVP to: [DianeRice@pbccleanup.com](mailto:DianeRice@pbccleanup.com)  
to receive updates. WGC members  
can just sign up at our Tues. Sept.6th  
mtg at 1030 AM at New Wellington Comm  
Center - 12150 Forest Hill Blvd.-Lakeview  
Room - Ground Floor.  
Need 5 gallon empty paint buckets if free.







. . . . . *IN MEMORIAM*

*It is with deep regret that WGC member Bonnie Wenham  
cannot be with us . . . .*

*Our hearts are heavy,  
But our thoughts are with her . . . .*



*Bonnie (Reynolds) Wenham, July 24, 2016*

Bonnie's contributions to the Wellington Garden Club were numerous and she will be missed by all. Her cheerful demeanor, sense of humor and boundless energy were cherished by those who knew her. In addition to being in charge of bottle cap collections for Caps of Love, she co-chaired the Adopt-a-Street committee for the past several years and organized quarterly street cleanup details at our club's stretch of Wellington roadway on Greenbriar Blvd. Our deepest sympathies to Bonnie's husband Jim, also a devoted member and volunteer of our Club. Bonnie's other accomplishments are in the following notice from the Syracuse Post Standard.

*Bonnie was a native of Palmyra, NY, and resided in North Syracuse for 33 years until 2004 when she moved to Florida. She was lovingly dedicated to her family and built many long-term friendships. Bonnie taught 4th grade at Riordan and Allen Road Elementary in the North Syracuse School District and was a member of the Cicero-North Syracuse Optimist Club. As a teacher and a tutor, she inspired countless students to learn. Her active engagement in the lives of students was noticed well beyond the class room. In retirement, she enjoyed warmer weather, travel, tutoring, personal fitness, new and continued friendships, weddings, shopping and spoiling her grandchildren.*

*Bonnie was an active member of the Wellington Garden Club and St. Michael Lutheran Church. She also served as a volunteer usher at the Kravis Center for the Performing Arts in West Palm Beach. She devoted much of her time and energy to the Caps of Love Foundation, a local charity that recycles bottle caps in order to purchase wheel chairs for needy children. Contributions in Bonnie's memory may be made to The Leukemia & Lymphoma Society, P.O. Box 4072, Pittsfield, MA 01202, or online at LLS.org.*

## NEWS FROM FFGC AND DISTRICT X

By Twig Morris, External Events Liaison

### DISTRICT X FALL MEETING

**Save the date, Thursday, October 13**, for the District X Fall Meeting to be held at the Boca Raton Country Club. This year's District X Fall meeting, titled, *It's Fall, Y'all* will feature the FFGC Officers who will review the "State of the State" for FFGC programs and projects during the coming year. Don't miss it! [Click here](#) for registration form or register and sign up for carpools at the September WGC meeting. **Deadline for registration is September 30.** Reimbursement for the \$30 fee is available from WGC. **For WGC Reimbursement form posted on the Member Login section of the club's website.** [Click Here](#)

### EDUCATIONAL OPPORTUNITIES FROM NGC

Many members have said they joined our club to learn more about gardening. Here are several wonderful educational opportunities offered in our area by National Garden Clubs. Sign up **now** so you won't be left out. Two courses are being given in the fall – Gardening Study School in late October and the Environmental Studies School in mid-November. See below for more information and links to registration forms.

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**Gardening Study School Course III** - will take place on October 26 and 27, 2016 at the University of Florida Davie Campus. Course content is presented in lecture format by horticultural professionals. Log on to [districtx.org](http://districtx.org) and click on Educational Opportunities for all the details or [click here](#)

The curriculum includes the following topics:

- Factors that Influence Plant Growth
- New Plant Development and Evaluation
- Container Gardening – Outdoor
- Houseplant Basics
- A Tour of the UF Research Facility

Students are encouraged to take the optional exam offered the afternoon of the second day in order to become a NGC accredited Gardening Consultant. The registration fee for Course III, (which includes lunch both days), is \$70; Exam fee is \$8. Registration deadline is Oct. 17. Special group rate for a double room at La Quinta Inn in Plantation is \$94.50 per night plus tax. Breakfast is included.

Reimbursement for course fee is available from WGC. **For WGC Reimbursement form posted on the Member Login section of the club's website.** [Click Here](#)

**Environmental Studies School Course II** "*The Living Earth – Land and Related Issues*" is being held on November 14 & 15 at Pine Jog Environmental Center in West Palm Beach at the corner of Jog Road and Summit Ave. The mission of the Environmental Studies Schools is to teach environmental literacy in order to cherish, protect and conserve the living earth. The course teaches participants environmental literacy, appreciation of the natural world, encourages action for sustainable development and appreciation for the interrelation of all natural things. Particular emphasis is presently placed on land conservation, water conservation and air quality.

Log on to [districtx.org](http://districtx.org) and click on Educational Opportunities for all the details or [click here](#)  
Reimbursement for course fee is available from WGC. **For WGC Reimbursement form posted on the Member Login section of the club's website.** [Click Here](#)

## COMING IN JANUARY

### THE 61<sup>st</sup> TROPICAL SHORT COURSE AT MOUNTS BOTANICAL GARDEN

The 61<sup>st</sup> annual Tropical Short Course "*Tropical Destinations*" presented by District X will be held at Mounts Botanical Garden January 25 & 26, 2017. This event promises to be an exciting and educational two days filled with presentations by top experts in a wide variety of horticulture, landscape and environmental issues. Early registration is encouraged as you seat assignment will depend on the date your registration was received. So if you want a good seat up front, **register now!**

For more details and to register: [click here](#). For Registration Form only: [click here](#)

Reimbursement for course fee is available from WGC. **For WGC Reimbursement form posted on the Member Login section of the club's website.** [Click Here](#)

## RECYCLING PROGRAMS

### UPC LABELS FOR CAMP WEKIVA

*By Twig Morris*

**Start Saving UPC labels** from Campbell's and other products as part of the "Labels for Education Program" helps buy supplies for FFGC Wekiva Youth Camp. Please see WGC web site for more details on the wide variety of labels you can collect.

## UPDATED NOTIFICATION

### "CAPS OF LOVE" COLLECTING ON HOLD UNTIL FURTHER NOTICE

*By Dee Rolfe*

Due to health issues and the fact that I am unable to find anyone who is separating caps, I am forced to stop caps collections at this time. After the first of the year, if I am able to find people who are separating caps, I will start collecting again. If you wish to collect on your own, contact the **Caps Of Love web site** for proper instructions. Sorry for any problems this may have caused.

## **Wellington Garden Club Meetings**

**Our garden club meetings are held at Wellington Community Center  
12150 Forest Hill Blvd., Lakeview Room (Ground Floor), Wellington, FL  
Guests are always welcome. If you plan to bring a guest please call Doreen Baxter,  
Membership Chair, at 561-793-6013 or email [doreenspot@comcast.net](mailto:doreenspot@comcast.net)**

### **Newsletter**

The *Allamanda News* is published five times a year. Please send your news, photos, tips, and advertising to Evvy Bartley at [evvy35@comcast.net](mailto:evvy35@comcast.net).

Deadline for Nov/Dec Issue: Oct. 15  
Newsletter Editor      Evvy Bartley

### **Wellington Garden Club Officers**

President	Kathy Siena
1 <sup>st</sup> Vice President	Carol Coleman
2 <sup>nd</sup> Vice President	Open
Treasurer	Danese Sloan-Kendall
Assistant Treasurer	Silvia Evans
Corresponding Secretary	Bobbi Ziegler
Recording Secretary	Maria Wolfe
Parliamentarian	Stormi Bivin

Wellington Garden Club  
1979 S. Club Drive  
Wellington, FL 33414

